

CRC

EXAMINATION PREPARATION

**A Concise Guide to
Rehabilitation Counseling
Certification**

FONG CHAN • MALACHY BISHOP
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CRC Examination Preparation

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Preface

The purpose of this book is to provide a concise yet comprehensive preparation guide for the Commission on Rehabilitation Counselor Certification's (CRCC) Certified Rehabilitation Counselor (CRC) examination. Designed and produced by rehabilitation counselor educators and content experts, this text has been carefully designed to provide a complete and up-to-date detailed review of the CRC examination content in a well-organized and user-friendly manner. The content of this book is based on the most recent empirically derived rehabilitation counselor roles and functions studies (Leahy, Chan, & Saunders, 2003), which inform the test specifications for the CRC examination. In addition, this book corresponds to the recently revised Council on Rehabilitation Education (CORE) standards that must be covered by CORE-accredited master's degree programs in rehabilitation counseling. These standards are addressed in the 10 chapters that comprise this volume: (1) "Professional Identity and Ethical Behavior," (2) "Psychosocial Issues and Cultural Diversity," (3) "Human Growth and Development," (4) "Employment and Career Development," (5) "Counseling Approaches and Principles," (6) "Group Work and Family Dynamics," (7) "Assessment," (8) "Research and Program Evaluation," (9) "Medical, Functional, and Environmental Aspects of Disability," and (10) "Rehabilitation Services, Case Management, and Related Services." Each chapter provides a concise overview of the key concepts, practice questions (with annotated answers), and resources to related web-based materials for further study and review. Many chapters contain summary tables of the key concepts.

Considered to be among the fastest growing health professions in the United States (Bureau of Labor Statistics, U.S. Department of Labor, 2011), the rehabilitation counseling profession requires the CRC credential for professional practice. Thus, this book is highly valuable to rehabilitation counseling graduate students, working rehabilitation counselors who are seeking to get the CRC credential, and those in allied rehabilitation professions who are seeking to become a CRC through additional coursework and the CRC examination. In addition, rehabilitation educators who use the CRC examination as an alternative to a comprehensive examination for graduation may find this book useful to offer and/or require of students. We encourage rehabilitation educators to build a CRC preparation strategy into master's-level rehabilitation programs that begins early in the program and prepares students for taking the CRC examination prior to their graduation. This guide would serve as an important component to this curricular supplement.

In sum, we see this book as a necessary and important tool for adequately preparing for the CRC examination. Existing resources do not sufficiently address the most recent changes in the knowledge and skill domains expected of today's rehabilitation counselors. Specifically, there have been significant changes in the delivery of rehabilitation counseling services due to changes in legislative mandates, changes in health care, changes in those served in rehabilitation (i.e., the increasing multicultural, younger, and older populations that are served), the evidence-based practice movement, the counselor licensure movement, and significant changes in the economic and business environment. Nearly every practice setting where rehabilitation counseling services are provided (public, private for profit, community-based rehabilitation organizations, etc.) has undergone significant changes in

the way that services are delivered to persons with disabilities, and the emergence of new knowledge and skill requirements for practitioners who deliver these services. In light of these changes, we believe this contemporary, user-friendly, and expert-written preparation guide responds to these changes and will provide those preparing to take the examination with the most up-to-date content and knowledge domains required on the examination.

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